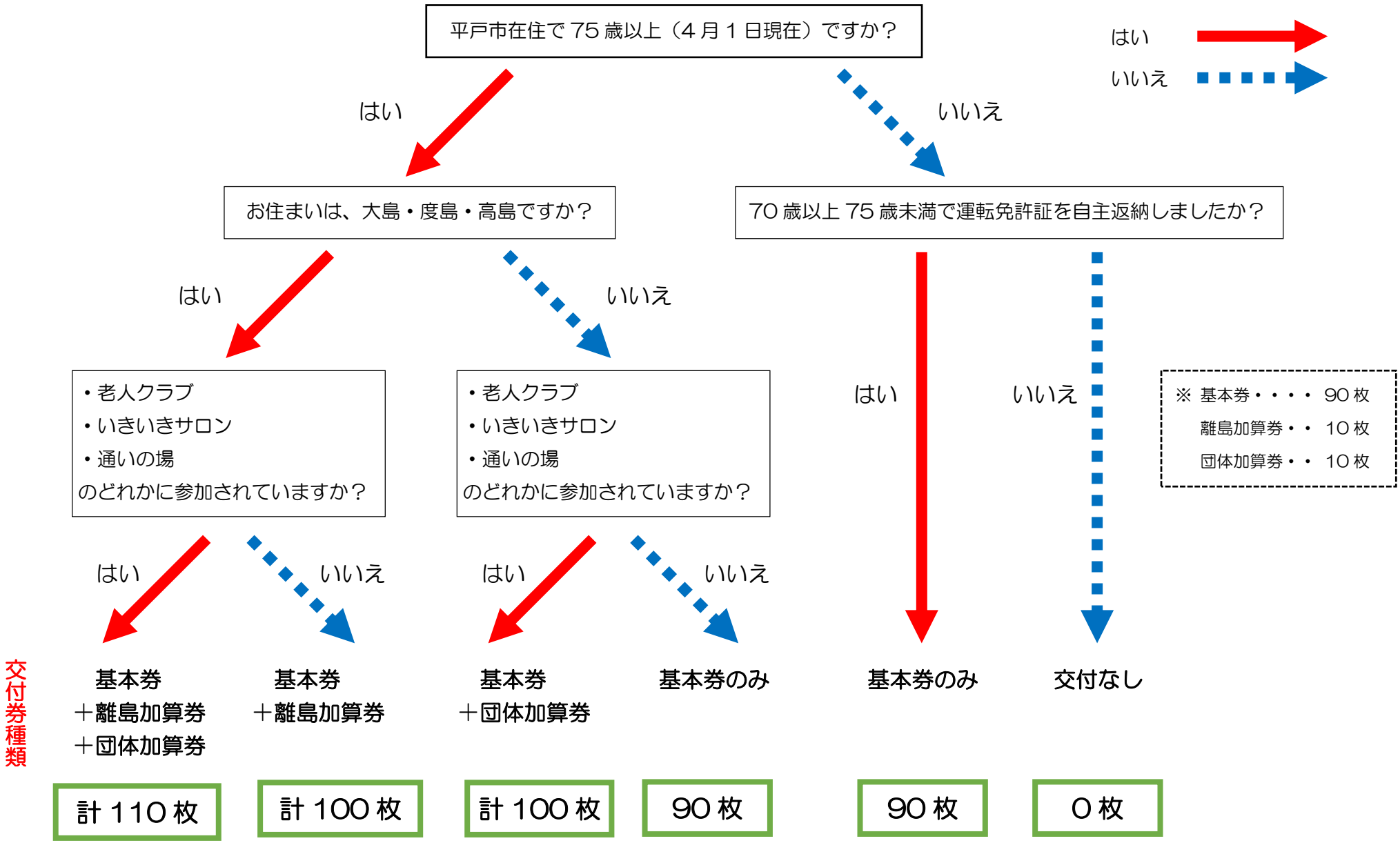平戸市高齢者いきいきおでかけ支援事業　おでかけ券交付枚数フローチャート